

# SPA DAY MENU

## THE BRASSERIE by Atkinson

Please enjoy two courses from the choices below. If you would like to add a third course, this is available from £7, which can be added to your day account card alongside any drinks or side orders you may like.

We have designed our spa menu around balanced nutrition and seasonal flavour, cutting down on unnecessary butter and cream whilst maintaining the luxury and quality you would expect from Rockliffe Hall. We haven't forgotten, however, that you may be looking for a decadent treat which you will find in those richer items show \*  
Vegetarian dishes are marked (v)

### Starters and Mains

Soup of the day with homemade bread (V)

Penne pasta salad with oven roasted cherry tomatoes, sweet peppers, baby spinach & basil pesto (V)

Salad of Parma ham, poached apricots, micro basil cress, marinated buffalo mozzarella cheese, basil oil & aged balsamic vinegar

Risotto of wild garlic, young leeks, parmesan cheese & mint jelly (V)

Baked sea bass fillet with pineapple, red onion & chilli salsa & rocket

Marinated goats cheese, salad of beetroot, watercress & walnuts (V)

Grilled pave of organic Irish salmon, ratatouille of Mediterranean vegetables, aged balsamic vinegar

Rockliffe 6oz Grand Reserve minced steak burger with smoked bacon & cheddar cheese, chunky chips & coleslaw

**We also have a sandwich menu available if you require something lighter, please ask your host**

### Side Orders

(£3.50 supplement)

Chunky chips, homemade mustard mayonnaise

Mixed garden salad, aged balsamic dressing

Mixed seasonal vegetables with herb butter

Carroll's Northumberland Heritage new potatoes slow cooked with lemon, garlic & mint

### Desserts

Warm dark chocolate pave, toffee popcorn, popcorn ice cream & salted caramel sauce\*

Selection of homemade ice creams & sorbets

Vanilla pannacotta, salad of Yorkshire rhubarb & fresh raspberries

Selection of fresh fruit & berries

Selection of British & local cheeses with fig jelly & biscuits

*Due to the presence of nuts in some products, there is a possibility that nut traces may be found in our menu items.*

*Prices are inclusive of VAT.*

*In the interest of fellow guests, please switch mobile phones to silent*