

# NU SANA

NOURISH YOUR SOUL

## ALL DAY MENU

### SAVOURY BITES

all £5

Vegetable Crisps with Red Pepper Houmous (ve)

Nu Sana Garlic and Lemon Olives (ve)(gf)

Chai Seed and Pumpkin Seed Bread, Aged Balsamic Vinegar & Oil

### SMALL PLATES

Chicken Satay Skewers - Asian Slaw (df)

£10

Chilli and Lime Crab Cakes - Mango, Radish and Peanut Salad (df)

£12

Hoi Sin Duck Boa Bun - Spring Onion, Coriander & Cucumber (df)

£12

Miso Cured Salmon - Beetroot, Sourdough, Yoghurt & Dill

£11

Roast Celeriac & Apple Soup - Rustic Sourdough & Butter (v) (gf)

£8

Roasted Heritage Beetroot Salad - Goats Cheese, Chicory & Hazelnuts (v)

£10

### BUDDHA BOWLS & SALADS

Poached Chicken, Quinoa, Roasted Onions and Squash (gf) (df)

£16

Marinated Tofu, Quinoa, Beetroot, Avocado & Cashew (ve) (gf)

£14

Chicken Caesar Salad, Romaine Lettuce, Croutons, Anchovies & Parmesan

£15

Sticky Chilli Beef, Sesame & Honey Noodles (df)

£18

Please notify your server of any food allergies, intolerances or dietary requirements before placing your order. Many of our dishes can be adapted. Dishes marked (v) are vegetarian, (ve) are vegan, (gf) are gluten free and (df) are dairy free.

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## LARGE PLATES

KOREAN WAGYU BURGER £20  
8oz Wagyu Burger, Kimchi, Nu Sana Mayonnaise & Seasoned Fries

CHICKEN KATSU £18  
Sticky Rice, Katsu Sauce, Pickled Carrot & Salad Leaf (gf) (df)

ROAST PUMPKIN RISOTTO £14  
Pumpkin Seeds, Parmesan & Crispy Sage (v) (gf)

VEGETABLE PAD THAI (v) £16  
Add Chicken £4  
Add Prawn £5

PAN ROASTED 6oz SIRLOIN £24  
Vine Tomatoes, Chimichurri, House Salad & Fries (df)

THAI GREEN SEAFOOD CURRY £17  
Mussels, Prawns, White Fish & Sticky Rice (df)

GRILLED SEABASS £17  
Fennel & Citrus Salad, Lemon & Herb New Potatoes (gf)

TERIYAKI SALMON £19  
Tender Stem Broccoli, Pak Choi & Sesame Seeds (df)

YAKI UDON STIR FRY £15  
Shitake, Ginger, Sesame & Broccoli (v)  
Add Salmon £5

## SIDES

Skinny Fries (v)

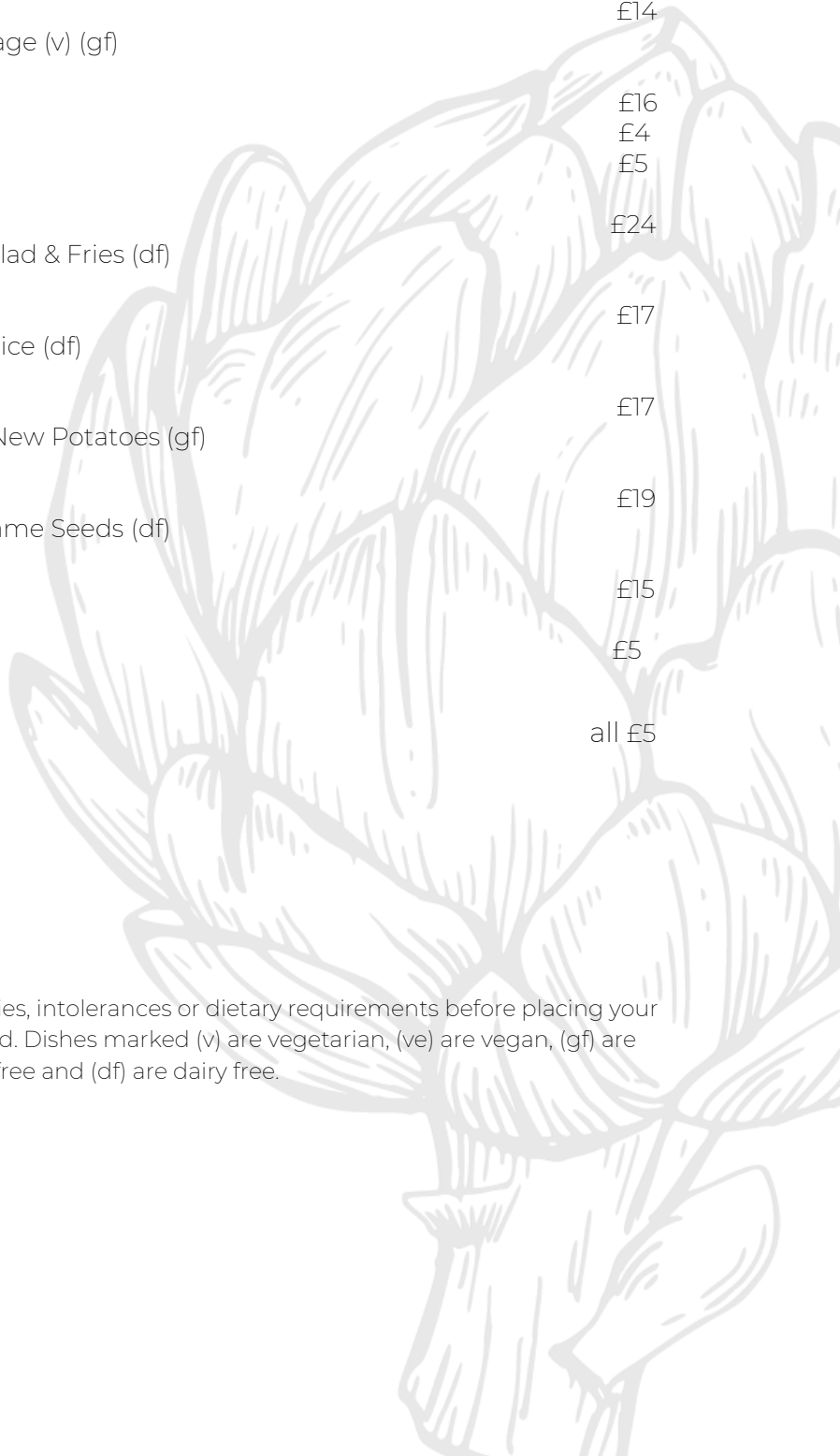
Chilli Garlic Broccoli (v) (gf)

Steamed Vegetables (ve) (gf)

Sweet Potato Fries (v)

all £5

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## DESSERTS

### **GUILTY PLEASURES**

all £10

#### STICKY TOFFEE PUDDING

Butterscotch Sauce and Vanilla Ice Cream

#### BLACK FOREST TRIFLE

Cherry Jelly, Chocolate Brownie & Chantilly Cream

#### STEM GINGER PANACOTTA

Mulled Plums and Puffed Rice (gf)

#### CARAMEL CHOCOLATE MOUSSE

Poached Pear and Hazelnuts (gf)

#### BAKED VANILLA CHEESECAKE

Cherry and Forest Fruit Compote (ve)

#### SELECTION OF ICE CREAM & SORBETS

£7

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