

NU SANA

NOURISH YOUR SOUL

BREAKFAST & BRUNCH MENU

8am to 11.30am

(Last Orders 11am)

FRENCH TOAST £8.95

Berry Compote & Mascarpone (V) 658 Kcal

Bacon & Maple Syrup 92 Kcal

SMOKED SALMON BAGEL £13.75 366 Kcal

Lightly Toasted with Chive Cream Cheese

NUSANA BAKED EGGS (DF) £9.95 312 Kcal

Tomato & Chorizo Ragu with 2 Hens Eggs & Toasted Sourdough

SMASHED AVOCADO (DF) £11.95 316 Kcal

Sourdough Toast, Roasted Tomato & Poached Eggs

FULL ENGLISH £16.25 525 Kcal

Bacon, Sausage, Mushroom, Tomato, Hash Brown, Black Pudding & Choice of Eggs

SCOTTISH PORRIDGE

Almond & Honey £10.95 150 Kcal

Whiskey-Soaked Raisins £5.95 449 Kcal

Plain £7.95 270 Kcal

NUSANA BUTTERMILK PANCAKES

Bacon & Maple Syrup £10.95 392 Kcal

Banana & Chocolate Chip £10.95 449 Kcal

Plain £7.95 270 Kcal

POACHED EGGS ON AN ENGLISH MUFFIN

Royale £15.75 938 Kcal

Florentine £12.75 849 Kcal

Benedict £12.75 984 Kcal

Please notify your server of any food allergies, intolerances, or dietary requirements before placing your order. Many of our dishes can be adapted. Dishes marked (V) are vegetarian, (VE) Vegan, (DF) Dairy Free & (GF) are gluten free. Calories (kcal) are displayed per portion. An adult needs around 2,000 kcal a day. All prices are inclusive of VAT. A discretionary 10% service charge will be added to your bill.

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SMOOTHIES & JUICES

£8 each

VITAL DEFENCE JUICE

Beetroot, Carrot, Orange, Ginger & Mint

LONGEVITY JUICE

Kale, Apple, Fennel, Lemon & Turmeric

NO MORE STRESS

Green Cabbage, Celery, Apple
Ginger & Spirulina

DETOX FIBRE JUICE

Apple, Cucumber, Avocado & Cabbage

SKIN REJUVENATING JUICE

Apple, Chard, Celery, Lettuce & Cabbage

GREEN POWER DETOX JUICE

Coconut, Cucumber, Apple
Chard & Lemon

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