



# Lunch & Bar Menu

Served from 12pm – 5:30pm

## Sandwiches, Wraps & Soup

(All sandwiches are served with salad & potato crisps)

CHEESE & HAM SANDWICH (706 kcal) £10.50

Cheddar Cheese & Honey Roast Ham with Branston Pickle

GOLFERS ROLL (306 kcal) £7.50

Grilled Bacon, Sausage & Fried Egg Served on Soft White Bread Roll  
with your choice of Coffee or Tea

THE ROCKLIFFE BLT BAGUETTE (1080 kcal) £12.50

French Baguette, Sliced Roma Tomato, Cos Lettuce, Crispy Bacon  
Garlic Mayonnaise

SMASHED AVACADO WRAP (V) (370 kcal) £7.50

Cucumber, Vegan Feta, Wild Rocket & Spinach Grated Carrot  
Vegan Mayonnaise

Add Chicken £1.50 (163 kcal)

Add Halloumi £1.00 (210 kcal)

TUNA & TOMATO BAGUETTE (1060 kcal) £9

Tuna, Wild Rocket & Fresh Tomato, Lemon Mayonnaise

HOMEMADE SOUP OF THE DAY (213 kcal) £6

Crusty Bread (V)

LOADED FRIES (V)(GF) (780 kcal) £7.50

Melted Cheddar Cheese, Chopped Spring Onion  
Sriracha Mayonnaise & fresh chopped chilli

Sides £5.50

Skinny Fries (510 kcal)

Caesar Salad (725 kcal)

Buttered New Potatoes (205 kcal)

Steamed Mixed Vegetables (243 kcal)

Please notify your server of any food allergies, intolerances, or dietary requirements before placing your order.  
Many of our dishes can be adapted. Dishes marked (V) are vegetarian & (GF) are gluten free

Calories (kcal) are displayed per portion. An adult needs around 2,000 kcal a day



## Salads

HERITAGE TOMATO SALAD (GF)(V) (289 kcal) With Mozzarella, Basil, Sliced Red Onion, Baby Capers, Olive Oil, Balsamic	£15
KALE & QUINOA (V)(GF) (1028 kcal) Dried Cranberries, Red Cherry Tomato, Roasted Hazelnuts Spiced Roasted Cauliflower, Curry Vinaigrette	£14.50
CHARRED SALMON NISCOISE (GF) (814 kcal) Green Beans, Black Olives, New Potatoes, Cucumber, Red Onion Baby Cos Lettuce, Lemon Mayonnaise	£16

## Something A Bit More Filling

CRISPY CHICKEN BURGER (1138 kcal) Charcoal Bun, Asian Coleslaw, Jalapeno, Cheese, Sriracha Mayonnaise Crispy Bacon & Fries	£17
BATTERED FILLET OF HADDOCK (1353 kcal) Minted Crush Peas, Tartare Sauce, Triple Cooked Chips	£16
POTATO GNOCCHI (V) (463 kcal) Tomato & Basil, Mozzarella, Baby Capers in Extra Virgin Olive Oil	£17
GRILLED MINUTE STEAK (GF) (785 kcal) Clubhouse Butter, Wild Rocket & Parmesan Salad, Shoestring Fries	£24
SEARED SALMON (GF) (536 kcal) Crushed Potatoes with Dill, Green Beans & Sauce Vierge	£22.95

## Desserts

STICKY TOFFEE PUDDING (V) (698 kcal) Butterscotch Sauce & Vanilla Ice Cream	£6.50
CHOCOLATE MOUSSE (V) (437 kcal) Praline Base & Mint Chocolate Ice Cream	£6.50
GLAZED LEMON TART (907 kcal) Raspberry Sorbet	£6.50
MIXED FRUIT CRUMBLE (V) (DF) (263 kcal) Vanilla Bean Custard	£6.50

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