

# Spa Member Benefits

Spa membership combines all the benefits of an exclusive fitness club with the space, relaxation and pampering you would expect from an award-winning Spa. With a host of resort benefits, you can truly make the most of the Rockliffe Hall experience. Your member benefits include;

- "Spa with a Friend" member's spa day promotion. Bring a friend for a 60 minute or more spa treatment for a complimentary full day in the spa with robes and slippers for you both, available Sunday to Friday
- Members Guest Pass available to purchase for £35 including robe and slippers for your guest, subject to booking availability at the weekend
- 20% reduction on all food and drink purchases made at the resort (includes all booked functions and party nights)
- 10% reduction on most golf & spa shop retail purchases
- Spa treatments discount of 20%
- Access to group exercise timetable with 7 day advance booking
- Initial spa wellness introduction and one-to-one fitness support and programme update at least 6 times yearly
- Regular gym challenges and events
- Complimentary wellness workshop specialist talks throughout the year
- Twice yearly members drinks reception with spa management team
- Special hotel rate of £150 B&B per couple (Sunday to Friday up to 4 times per year and subject to availability. Supplement also available for Saturdays)
- Complimentary hire of the Grassholme Suite for more than 50 people (exclusive hire of the Clubhouse also available subject to terms)
- Priority booking window and special members price for all Rockliffe social events